

Elements Paid Placement Role Descriptions

During your Elements training, you will be offered one of the following paid positions. Our aim is to place you in the role that best fits your skills and interests.

The descriptions below are a brief outline of what each role involves. More information can be obtained during your training.

Support Worker

A Support Worker looks after the wellbeing of people in their daily lives. They help people living with different physical disabilities and mental health needs to live their lives more independently and support them to reach their potential by providing both physical and emotional support. Examples of support include helping people with toileting, washing and shopping.'

You will need:

- Good communication skills
- Empathy and to be respectful of others' lifestyles and beliefs.
- The ability to cope with the physical demands of looking after service users.
- To be flexible.
- To be able to work as part of a team.
- An understanding of how disability and ageing affects people's ability to live independently.
- To be willing to undergo training, e.g., manual handling, first aid, health and safety.

Catering Assistant

A Catering Assistant provides catering support in the preparation, cooking and serving food and beverages. Other tasks include stock-taking and assisting in the routine and in-depth cleaning of the kitchen, dining room and of kitchen equipment.

You will need:

- Stamina and enthusiasm.
- To be flexible.
- To be able to carry out set tasks quickly and efficiently.
- Good communication skills.
- To be able to work as part of a team.
- An understanding of the health and safety rules around working with food

Housekeeping Assistant

A Housekeeping Assistant ensures the environment is welcoming and comfortable for residents. Examples of tasks include making beds, doing laundry, keeping records of housekeeping stocks and ordering supplies.

You will need:

- To be able to work as part of a team.
- To be flexible.
- A commitment to high standards of hygiene and cleanliness.
- Good communication skills, empathy towards older people and people with disabilities.
- The ability to work within health and safety regulations.

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